

# Love of Miracles Triangle



## Users Manual

Love of Miracles Triangle Inc. ©2007

## Now Anyone Can Dowse!

You hold in your hands your very own **Love of Miracles Triangle**, the tangible result of a concept given to me by Spirit in March 2007.

About 10 years ago, sheer desperation drove me to learn how to use dowsing, an ancient form of “accessing information,” to resolve some serious health issues affecting my family, my dairy farm and myself. The results were so positive as to seem miraculous. I’ve been dowsing ever since to help others who, like me, have been adversely affected by electromagnetic frequencies. Now, dowsing has helped me find a way to help people help themselves.

The Love of Miracles Triangle allows you to manage the energies of your own body by working with the vibrations represented by key words, letters and phrases. In my opinion, tuning into the frequencies of the words on page 1, the **Love Triangle**, releases non-beneficial energies tied up in the Head brain (which I believe is just one of a total of 12 brains that govern the body). Tuning into the **Word Frequencies** on page 2, allows you to release any non-beneficial energies being held in your Liver, Stomach and Immune brains. Finally, your interaction with the **Letter and Word Frequencies** on page 3 and with the **Love Declaration** on page 4 allows you to release the detrimental energies that adversely control your Conscious, Subconscious and Superconscious thoughts, freeing you from the limiting effects of Ego.

It is my view that the Love of Miracles Triangle restores you to your True Self, removing and transmuting energies that contribute to disease. With this release, appropriate energies can once again flow along the spinal cord, in the correct direction and without obstruction. When Divine Energy flows evenly and in the appropriate direction from your Highest Self and down into the human form it supports vitality and self-healing at all levels.

Many people, like myself, are amazed at what we are seeing when we regularly use the Triangle. I have great faith that it will become a valued tool that **anyone** can use to easily transform the energies that make one susceptible to dis-ease and dis-comfort. Now, all **you** need to do is to try it and see the results for yourself!

## Preparing to View the Love of Miracles Triangle

- 1) Sit back or lie down, and **make yourself comfortable**
- 2) Check to make sure that your **legs and arms are uncrossed**.
- 3) Make sure you won't be disturbed for the next few minutes.



- 4) **Take 3-5 deep breaths**, “letting go” with each out-breath. **Frequent deep breathing during viewing vastly enhances energy release.**
- 5) Take a **quick inventory** by mentally scanning your total being from top to bottom. Note any physical discomforts and where they are in the body, any mind chatter, any numb spots where energy feels “stuck”, etc. Get a general sense of the intensity of any issues you may find so you can compare how you feel after your Triangle session.

Relaxed and settled? You are now ready to work with the Triangle.

## Using the Love of Miracles Triangle

- 1) Prepare for viewing (see above).
- 2) Hold the Triangle and/or set it upright in front of you so you can easily see the lettering (words/letters should be upside-down).
- 3) **Sit on the 2<sup>nd</sup> card** while viewing pages 1 and 2. Then **switch cards, sitting on the 1<sup>st</sup> card** while viewing pages 3 and 4. You can also put the card under your chair, bed, etc. We are noticing that using both pages in this way promotes *much more rapid, powerful releases*.
- 4) Allow your gaze to fall on page 1 marked “Love of Miracles Triangle” and keep it there for 1-5 minutes. **YOU ARE SIMPLY ABSORBING THE FREQUENCIES OF THE WORDS – DO NOT TRY TO MAKE SENSE OF THE WORDS.** Instead, look at the white space, or make your eyes go “soft”, or make patterns out of the letter shapes – you want your conscious mind to relax as your unconscious mind receives the healing frequencies that allow it to release non-beneficial energies. Continue deep breathing every 4-5 breaths.

Shifts you might notice include:

- watering of the eyes
- tingling or feeling hot in parts of the body or all over
- needing to draw in a big breath or yawn (Hint: after a big breath in, make a big sigh on the out breath to help the release)
- discomfort moving from one part to another – e.g. shoulder pain dissipates and then you feel it in the hip, etc.
- suddenly feeling bored and wanting to look away from the card
- or, if you know how, muscle-test or use a pendulum to verify that a release has occurred

**These are all signs of a shift – when this happens, go to the next page or card, viewing pages in “1, 2, 3, 4” sequence.**

- 5) For each page, follow the instructions above. Allow your eyes to gently scan the word/letter frequencies pages for 1-5 minutes. Again, you do not need to read/make sense of the meaning of the words.

Check within to see how you are feeling and “be” with that for a moment. **Notice what is different** now, compared to what you noticed when you did your body scan/inventory.

## Tailbone Alignment with the Love of Miracles Triangle

Here's one easy way to experience the difference a Triangle can make in your life.

- 1) After your Triangle session, stand up, feet flat on the floor, shoulder width apart and keep hips squared to the front. Turn or twist your upper body to one side as far as you can go, arms extending around your back and then turn and twist just as far in the opposite direction.
- 2) Congratulations! You've just given yourself a safe and easy spinal column adjustment. Some people feel the vertebrae go right back into place.

A man at one of my earliest workshops was very skeptical of the Triangle. Later, he told one of my associates that his vertebrae cracked and readjusted themselves all the way home in the car, and that he had never been so free of pain.

Why is a healthy spine and spinal cord important? Respected dowser Raymon Grace has said we should always be finding a counterclockwise rotation of energy on the spinal column. If not, we could expect to find one or more vertebrae out of place and that means trouble for the rest of the form. In my opinion, using the Love of Miracles Triangle results in a reversal of the rotation of energy on the brain through to the highest self of the form, and with the opposite rotation on the spinal column, the appropriate direction of energy rotation for optimal health.

*(Please note that the Triangle does not replace chiropractic work. Instead, it works on the subtle energies of the spinal column.)*

## Other Ways to Use the Love of Miracles Triangle

People are using the Triangle to address the *energetics* of:

- *emotional issues* (e.g. broken heart, fear, depression, self-loathing)
- *physical issues* (e.g. allergies, diabetes, Crohn's, AIDS, cancer, pain, skin problems, bone healing)
- *mental/neurological issues* (e.g. learning disabilities, autism, writer's block, bipolar disorder)
- *spiritual issues* (e.g. meditation, past life clearing, compassion)
- *daily maintenance* (because each body is an ever-changing system in need of frequent tune-ups)
- *proxy healing for animals*, babies, distant loved ones – for proxy use, simply state “I am using the Triangle on behalf of \_\_\_\_\_” and continue as instructed above
- *enhancing energies* – e.g., placing water, plants, food, medicines and other substances on the Triangle, thereby raising the vibration and enhancing the product (or hold a Triangle up to your larger plants)
- *defusing emotional distress* – use when feeling stress, anger, frustration or sadness (in my experience, a few moments with the Triangle can make a big difference to general mood)
- *sleep issues* – use your Triangle just before going to sleep

In short, try your Triangle on anything you wish to change for the better!

If you'd like to send in your story or have questions, my contact info is:

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## Frequently Asked Questions

### 1) How many times do I need to use the Triangle?

The simple answer is - it depends. Some people use it once and find their issue resolved, either right away or within 24 hours. Chronic issues may require frequent use over a number of days or weeks. Some problems have past life associations, and you may need several sessions to “unravel” these issues. Personally, I use my Triangle each night before falling asleep so I feel calm and clear when I wake up. Others use it as a quick and beneficial morning meditation.

### 2) How do I tell when it's time to flip the card, or finish a session?

For most people, the Triangle's “release” happens in a few moments. If you have trouble sensing the release triggered by the Triangle (e.g. in form of yawning, streaming eyes, sighing, skin tingling), set your timer for 5 minutes just to make sure you've given your body ample time to make the shift. **Breathe deeply to encourage deep release.** Then, simply flip the card and allow the Word Frequencies to take care of any further release or rebalancing you may require. For best results, enhance any release by breathing deeply 2-3 times per minute.

### 3) How do I work with animals or small children?

Children and animals respond very well to the Triangle. We know of a dog with a history of seizures that was recently exposed to the Triangle and now no longer exhibits any symptoms of seizures. This strongly suggests that it is the frequency of what the words on the page mean that is of importance here, not the particular form that carries those frequencies. In other words, you don't have to understand English, or even language, to benefit from the Triangle. In my opinion, it is enough to have the animal or child look at or in some other way notice or connect with the triangle.

Some Triangle owners are conducting remote, surrogate and/or proxy Triangle interventions. To do so, simply state an intention to direct the energies of the Triangle toward the highest self of the person or the animal, using your own eyes as a proxy for that individual.

You can also work directly. For a baby, sit them on your knee and hold the Triangle as you would a storybook. For animals and fidgety toddlers, you can either hold the Triangle in front of their gaze, or affix it to a wall for them to view when you're not looking. Or place it under their bed during the night. Just make sure to remove it once the problem has been cleared up. It can over-energize people and animals who have corrected their problems, if used too frequently.

#### **4) Do I need to set a specific intention?**

As part of your preparation, you may wish to focus your mind on the positive outcome you want to achieve. As with other energy work, it seems to work best when you focus on what you want, rather than what you want to remove or fix. That being said, in my opinion, *it is not necessary to set an intention*, because the healing is being directed by the Highest Source of Self, which has a wisdom about what is needed that the conscious mind is simply incapable of matching.

#### **6) I'm not feeling anything? Nothing seems to be happening!**

Are you breathing deeply? Sitting on one card (or card under chair) while viewing the other?

My experience is that in many cases, significant shifts occur over time, sometimes hours or days or even weeks later. Many people are not accustomed to "tuning in" to body sensations and may be experiencing something but not attributing it to the Triangle. In these cases, some people rationalize the change as a coincidence until I remind them of their work with the Triangle. The key is to expect positive changes and to be looking for them to show up in ways you may not have thought of.

To illustrate, one lady used her Triangle on Monday night. She didn't notice anything dramatic. On Wednesday, one thing after another went wrong. Normally she would have reacted with frustration and anger and would have felt stressed about what she was used to perceiving as "getting behind" in her schedule. She was surprised at how calm she felt, and traced this new attitude to her Triangle use that prior Monday.

*If after several tries, and persistent viewing, you still feel you are not getting the results you want, you can schedule a private session with me or attend a live group demonstration.*